

SUBMARINES + SANDWICHES

REGULAR

-  **Steak & Cheese Sub** 9.5
Lettuce, tomato, mayonnaise and grilled onions
- Italian Cold Cut Sub** 9.5
Ham, salami, and provolone cheese w/ lettuce, tomato, onions and house dressing
- Meatball & Cheese Sub** 9.5
With marinara sauce
- Sausage & Cheese Sub** 9.5
With marinara sauce
- Eggplant Parmigiana & Cheese Sub** 9.5
With marinara sauce
- Chicken Parmigiana & Cheese Sub** 9.5
With marinara sauce
- Fish & Cheese Sub** 9.5
Tartar sauce, lettuce, tomato and onions
- Veggie & Cheese Sub** 9.5
Grilled mushrooms, green peppers, onions topped with melted Provolone cheese, lettuce, tomato and house dressing

REGULAR - SERVED WITH POTATO CHIPS

MAKE IT DELUXE WITH FRENCH FRIES & COLESLAW - ADD \$1

(SALAD OR SWEET POTATO FRIES INSTEAD OF CHIPS ADD \$2.5)

EXTRAS - EXTRA CHEESE, EGGS, GREEN PEPPERS, MUSHROOMS OR BACON ADD \$1 EACH

REGULAR

- Grilled Cheese** 7
American cheese on grilled white bread
- BLT** 8
Bacon, lettuce, tomato, and mayonnaise on white toast
- Chicken Salad Sandwich** 8.5
With lettuce, tomato, mayonnaise & onions
- Tuna Salad Sandwich** 8.5
With lettuce, tomato, mayonnaise & onions
- Ham and Cheese Sandwich** 8.5
With lettuce, tomato, mayonnaise & onions
- Turkey Breast Sandwich** 8.5
With lettuce, tomato, mayonnaise & onions
- Corned Beef and Cheese On Rye Sub** 8.5
With lettuce, tomato, mayonnaise & onions
- Pastrami and Cheese On Rye Sub** 8.5
With lettuce, tomato, mayonnaise & onions
- Grilled Chicken On Bun Sub** 8.5
With lettuce, tomato, mayonnaise & onions


CHILDREN'S CORNER

- Hamburger** 6
W/ french fries
- Cheeseburger** 7
W/ french fries
- Grilled Cheese** 5
W/ french fries
- Grilled Chicken Breast** 6
W/ french fries
- Chicken Tenders** 7
W/ french fries
- Mac N' Cheese** 6
- Fish & Chips** 8
- Fried Shrimp** 7
W/ french fries
- Spaghetti** 6
W/ marinara sauce
- Spaghetti** 7
W/ meatball & marinara sauce
- Chicken Parmigiana** 7
W/ spaghetti & marinara sauce
- Lasagna** 7






SIDES

-  **Greek Style Potatoes** 5
- Greek Style Green Beans** 4
- Mashed Potatoes & Gravy** 4
- Side Greek Salad** 5
- Side Black Olives** 2
- Pita** 1
- Side Tzatziki Sauce** 1
- Side Feta** 1
- Sweet Potato Fries** 5
- French Fries** 4
- Golden Onion Rings** 4
- Corn** 3
- Sautéed Mushrooms** 3
- Rice** 2
- Coleslaw** 2
- Steamed Vegetables** 4




BEVERAGES

- Coffee Reg. or Decaf** 2.5
- Hot Tea Reg. or Decaf** *Free Refills*
- Hot Chocolate**  **Bottle Water** 2.5
- Greek Sparkling Water (Souroti)**
- Freshly Brewed Ice Tea** 2.75
Free Refills

SOFT DRINKS

- Pepsi**  **Diet Pepsi**  **Dr. Pepper** 2.75
Free Refills
- Sierra Mist**  **Mountain Dew**  **Ginger Ale**
- Raspberry Tea**  **Pink Lemonade**





JUICES - ETC.

- Milk**  **Chocolate Milk** Small 2.5 Large 4
- Orange Juice**  **Apple Juice**
- V8**  **Cranberry Juice**

 CHECK OUT OUR BEER AND WINE MENU! 

DESSERTS

ASK YOUR SERVER ABOUT OUR ASSORTED DESSERTS!

- Homemade Baklava** 5
- Homemade Rice Pudding** 4
- Cheesecake** 5
with Strawberries 6
- Assorted Pies** 4.5
- Assorted Cakes** 5.5
- ICE CREAM**
- Chocolate**  **Vanilla**  **Strawberry** SM. 2 LG. 3 SUNDAE 4
- MILK SHAKES**
- Chocolate**  **Vanilla**  **Strawberry** SM. 2.5 LG. 4



 JOIN US FOR BREAKFAST 

SATURDAYS & SUNDAYS UNTIL 2:00 P.M.



DON'T FORGET TO VISIT OUR OTHER LOCATION: OLYMPIANS FAMILY RESTAURANT

SPARTANS
9542 BURKE RD
BURKE, VA 22015



OLYMPIANS
6430 LANDSDOWNE CENTRE
ALEXANDRIA, VA 22315



HOURS

MON-FRI: 11AM-10:00PM SAT: 8AM-10PM SUN: 8AM-9PM

 LET US CATER YOUR NEXT EVENT! 

WELCOMES YOU

APPETIZERS

 Trio Dip 8.5 <i>Tzatziki, hummus & Tirokafteri served with 2 pitas</i>	 Spinach Pie 10.5 <i>Spinach & feta wrapped in phyllo</i>
Tirokafteri 8.5 <i>With 2 pitas (spicy feta dip)</i>	Xenia's Favorite Pita 7.5 <i>Pita topped w/ spinach, mozzarella & feta cheese</i>
Tzatziki with 2 Pitass 8.5	Buffalo Wings 8.5 <i>Buffalo Sauce upon Request</i>
Hummus Dip with 2 Pitass 8.5	Mozzarella Sticks 8.5
Baked Saganaki with 2 Pitass 8.5 <i>Melted mild Greek cheese</i>	Meatball or Sausage Casserole 7.5 <i>Topped w/ Melted Provolone</i>
Feta Cheese & Black Olives 8.5 <i>Topped with Olive Oil & Oregano with 2 Pitass</i>	Garlic Bread and Cheese 5
Dolmades (Stuffed Grape Leaves) 7.5	Mozzarella Caprese 9 <i>Freshly sliced mozzarella, tomato, drizzled with basil pesto and Balsamic glaze</i>

SOUPS	Homemade Soup of the Day Cup 3 Bowl 5
	French Onion Soup 5

SALADS

	Regular	Large		Regular	Large
 Greek Salad 8.5 10.5 <i>Crisp lettuce, tomatoes, cucumbers, onions, olives, pepperoncini, green peppers, Feta cheese & house dressing</i>			Caesar Salad 8.5 10.5 <i>Romaine lettuce, croutons, Parmesan cheese & Caesar dressing</i>		
Mixed Greens Salad 8.5 10.5 <i>W/ walnuts, chopped tomatoes, and cranberries</i>			Garden Salad 7.5 9.5 <i>Crisp Lettuce, tomatoes, cucumbers, onions & green peppers</i>		


ADD TO ANY SALAD ABOVE

Grilled Chicken, Gyro Meat, or Chicken Tenders Regular 4 Large 6
Pork Souvlaki or Grilled Shrimp Regular 5 Large 7 Salmon Regular 7
*Filet Mignon Tips Regular 6 Large 8

	REGULAR	LARGE
Village Salad 10 12 <i>Tomatoes, cucumbers, Kalamata olives, onions, feta, oregano & extra virgin olive oil</i>		
Chef Salad 10 12 <i>Crisp lettuce, tomatoes, cucumbers, onions, olives, green peppers & eggs topped w/ turkey, ham, American & Provolone cheese</i>		
Tuna or Chicken Salad Platter 10 12 <i>Tomatoes, cucumbers, onions, olives, green peppers & eggs served on crisp lettuce w/ coleslaw</i>		

CHOICE OF DRESSINGS: HOUSE, BLEU CHEESE, RANCH, THOUSAND ISLAND, LITE ITALIAN, HONEY MUSTARD, CAESAR, NON-FAT RASPBERRY VINAIGRETTE, & GREEK VINAIGRETTE (SIDE DRESSING \$0.50)

OMELETTES

Greek Omelette 9.5 <i>Gyro, Feta Cheese, tomatoes & onions</i>	Ham & Cheese Omelette 9.5
Spinach & Feta Cheese Omelette 9.5	 Spartan's Omelette 9.5 <i>Feta cheese, tomatoes and onions</i>
Western Omelette 9.5 <i>ham, green peppers and onions</i>	Florentine Omelette 9.5 <i>spinach, mushrooms, onions & swiss cheese</i>

(OMELETTES UP TO FOUR TOPPINGS. ADDITIONAL TOPPINGS \$1 EACH. EXTRA CHEESE, ADD \$1. EGG WHITES & EGG BEATERS ADD \$1)

ALL OMELETTES ARE SERVED WITH FRENCH FRIES (SALAD INSTEAD OF FRIES ADD \$1.5)

PITA BREAD SANDWICHES

SERVED OPEN FACE UPON REQUEST


	Regular		Regular
Gyros 10 <i>Beef & lamb with tzatziki, lettuce, tomato, onions & feta cheese</i>		 Chicken Souvlaki 10 <i>with lettuce, tomato, onions, feta cheese & house dressing</i>	
Bifteki Pita 10 <i>Ground beef mixed with Greek herbs & feta with Tzatziki, lettuce, tomato & onion</i>		Pork Souvlaki 10 <i>Pork tenderloin with lettuce, tomato, onions, feta cheese & house dressing</i>	

REGULAR - SERVED WITH POTATO CHIPS

MAKE IT DELUXE WITH FRENCH FRIES & COLESLAW - ADD \$1

(SALAD OR SWEET POTATO FRIES INSTEAD OF CHIPS ADD \$2.5)

SPARTAN'S SPECIALTIES

Pastitsio 14.5 <i>Greek pasta & seasoned ground beef topped w/ Béchamel cream & served w/ fresh steamed vegetables</i>	Mousaka 15.5 <i>Layered eggplant, potatoes & seasoned beef topped with Béchamel cream, served w/ fresh steamed vegetables</i>
 Charbroiled Chicken Breast 16.5 <i>3 tender marinated chicken breasts with ladolemono served w/Greek style potatoes & fresh steamed vegetables</i>	Olympians Spaghetti* 18.5 <i>Tender filet Mignon tips sautéed in olive oil w/ green peppers, onions, mushrooms, Feta cheese & marinara sauce served over spaghetti</i>
Shishkebab* 19.5 <i>4 pieces of marinated beef filet Mignon atop grilled onions, green peppers & tomatoes, served w/ rice and fresh steamed vegetables</i>	Pork Souvlaki Dinner 16.5 <i>Tender marinated pork tenderloin cubes served w/ tzatziki and french fries</i>
Chicken Kebab 16.5 <i>Served w/ rice and fresh steamed vegetables</i>	Gyro Dinner 16.5 <i>Tender shaved lamb & beef served w/ tzatziki & french fries</i>
Spinach Pie Dinner 15.5 <i>Fresh spinach & Feta mixed & wrapped in crisp phyllo dough</i>	Chicken Souvlaki Dinner 16.5 <i>Tender marinated chicken cubes served w/ tzatziki & french fries</i>

ALL OF THE ABOVE ARE SERVED WITH CHOICE OF CUP OF SOUP OR GREEK SALAD & BREAD


STEAKS + CHOPS

 Greek Bifteki Dinner 16 <i>Ground beef mixed with Greek herbs & feta served with Greek potatoes & Greek style green beans</i>	Filet Mignon & Crab Cake* 20 <i>Filet Mignon & 1 Jumbo Lump Crab Cake served with rice & vegetables</i>
Angus Ribeye Steak* 21 <i>Marinated choice Ribeye char-grilled served w/ fresh steamed vegetables, mashed potatoes & gravy</i>	Calf Liver 14 <i>Seasoned & char-grilled, topped w/ grilled onion & mushrooms, served w/ french fries</i>
Angus Chopped Steak* 17 <i>1lb of ground hamburger steak seasoned & char-grilled, topped w/ grilled onions & mushrooms, served with french fries</i>	 Pork Chops 14 <i>2 center-cut chops seasoned & char-grilled, topped with ladolemono, served w/ mashed potatoes, gravy & corn</i>

ALL OF THE ABOVE ARE SERVED WITH CHOICE OF CUP OF SOUP OR GREEK SALAD & BREAD

ITALIAN DINNERS



 Lasagna 15 <i>Seasoned ground beef combined w/ marinara sauce, ricotta & romano cheese, topped w/ mozzarella cheese baked in the oven</i>	 Spartan's Spaghetti 16 <i>Topped with chicken souvlaki, mushrooms & marinara sauce</i>
Chicken Parmigiana 15 <i>Served w/ spaghetti & marinara sauce</i>	Spaghetti 12 13 14 14 <i>with marinara sauce</i> <i>with meat sauce</i> <i>with meatballs & marinara sauce</i> <i>with Italian sausage & marinara sauce</i>
Veal Parmigiana 17 <i>Served with spaghetti and marinara sauce</i>	Stuffed Shells 14 <i>Ricotta-filled jumbo shells w/ marinara sauce & mozzarella cheese</i>
Eggplant Parmigiana 15 <i>Served with spaghetti and marinara sauce</i>	Chicken Tender Platter 14 <i>Breaded chicken tenders served w/ coleslaw & french fries</i>
Fettuccini Alfredo 13 <i>Fettuccini pasta sautéed in a white garlic cream sauce</i>	
with Grilled Chicken +4	
with Grilled Shrimp +5	

 Baked Spaghetti 14 <i>Oven baked spaghetti pasta w/ marinara sauce topped w/ mozzarella cheese</i>	Baked Ziti 14 <i>Oven baked ziti pasta w/ ricotta, romano & marinara sauce topped w/ mozzarella</i>
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TOPPINGS - SLICED ITALIAN SAUSAGE, SLICED MEATBALLS, FRESH MUSHROOMS, ONIONS OR GREEN PEPPERS (ADD \$1 EACH)

ALL OF THE ABOVE ARE SERVED WITH CHOICE OF CUP OF SOUP OR GARDEN SALAD & BREAD

SEAFOOD DINNERS

 Homemade Crab Cakes Platter 18.5 <i>2 baked jumbo lump crab cakes served w/ coleslaw & french fries</i>	Baked Salmon 18.5 <i>8oz salmon filet baked in a lemon butter sauce, served w/ rice & fresh steamed vegetables</i>
 Fish & Chips Dinner 15.5 <i>Beer Battered Cod Served with Coleslaw & french fries</i>	Seafood Combination Platter 19.5 <i>1 homemade crab cake, 2 beer battered cod, & 4 fried shrimp served w/ coleslaw & french fries</i>
Fried Shrimp Platter 15.5 <i>9 breaded shrimp served w/ coleslaw & french fries</i>	

ALL OF THE ABOVE ARE SERVED WITH CHOICE OF CUP OF SOUP OR GARDEN SALAD & BREAD


NEW YORK STYLE PIZZA

HAND-TOSSED & MADE FROM SCRATCH USING ONLY THE FRESHEST INGREDIENTS

	Individual	Small	Medium	Large
	9"	12"	14"	16"
Plain	8	10	11	12
1 Topping	9	11	12	14
2 Toppings	10	12	14	16
3 Toppings	11	13	15	18
4 Toppings or More	12	14	17	20
Spartans Pizza <i>W/ everything (Anchovies, jalapeño, pineapple or Feta upon request)</i>				
	CHOICE OF TOPPINGS			
<i>PEPPERONI, MUSHROOMS, ITALIAN SAUSAGE, ONIONS, BLACK OLIVES, FETA CHEESE, MEATBALL, FRESH TOMATOES, SALAMI, CANADIAN BACON, GREEN PEPPERS, JALAPEÑO PEPPERS, PINEAPPLE, ANCHOVIES, EXTRA CHEESE</i>				
Xenia's Favorite Pizza <i>Spinach, feta cheese, mozzarella cheese w/o pizza sauce</i>	10	12	14	17
Greek Pizza <i>Fresh tomatoes, onions, feta cheese, mozzarella cheese, black olives and Gyro w/o pizza sauce</i>	12	14	17	20

FLATBREADS

Awesome as an Appetizer or as a Meal

 Mediterranean Flatbread 10 <i>Black & green olives, spinach, feta & mozzarella cheese</i>	BBQ Chicken Flatbread 11 <i>Melted mozzarella and cheddar cheeses, red onions & BBQ sauce</i>
Caprese Flatbread 10 <i>Fresh mozzarella, spinach, sundried tomatoes, drizzled with basil pesto</i>	Meat Lovers Flatbread 11 <i>Pepperoni, salami, bacon, gyro & mozzarella cheese with pizza sauce</i>

SIGNATURE

ANGUS BURGERS + SANDWICHES

 Greek Burger* 11.5 <i>Ground beef mixed with Greek herbs & feta with mixed greens, tomato, onion & Tzatziki</i>	 Crab Cake Sandwich 13.5 <i>One homemade jumbo lump crab cake on bun served with lettuce, tomato & tartar sauce</i>
Cheeseburger* 10.5 <i>1/2 lb burger with American Cheese lettuce, tomato, mayonnaise and onions</i>	Grilled Chicken Decker 11.5 <i>On bun with Swiss cheese, bacon, lettuce, tomato, mayonnaise and grilled onions</i>
Patty Melt Burger* 10.5 <i>1/2 lb burger on grilled rye with American cheese</i>	Tuna Melt 10.5 <i>Open face on grilled rye with melted Swiss & tomatoes</i>
Texas Burger* 11.5 <i>1/2 lb burger, fried egg, bacon, lettuce, tomato, mayonnaise and onions</i>	Reuben 10.5 <i>Corned beef, Swiss cheese & sauerkraut on grilled rye bread w/ Thousand Island dressing</i>
Reuben Burger* 11.5 <i>1/2 lb burger on bun topped with corned beef, Swiss cheese, sauerkraut & thousand island dressing</i>	Club Sliced Turkey & Bacon 10.5 <i>W/ lettuce, tomato and mayonnaise on white toast</i>
Swiss Mushroom/Onion Burger* 11.5 <i>1/2 lb burger w/ lettuce tomato & mayonnaise</i>	 Caprese Grilled Chicken 11.5 <i>On bun with fresh mozzarella, mixed greens, tomato & balsamic glaze</i>
Spartan's Burger* 11.5 <i>1/2 lb burger with tomato, onions and Feta cheese</i>	

ALL OF THE ABOVE SERVED WITH FRENCH FRIES & COLESLAW (SALAD OR SWEET POTATO FRIES INSTEAD OF FRIES ADD \$1.5)

SPARTAN'S WRAPS

Choice of Spinach, Tomato, or Whole Wheat Wraps

 Chicken Caesar Wrap 11 <i>W/ grilled chicken, romaine lettuce & Caesar dressing</i>	Turkey Bacon Ranch Wrap 11 <i>W/ turkey, bacon, lettuce, tomato & ranch dressing</i>
Grilled Shrimp Wrap 12 <i>Marinated shrimp w/ Romaine lettuce, tomato, & tartar sauce</i>	Mediterranean Steak Wrap* 12 <i>W/ filet mignon, romaine lettuce, tomato, Feta, onion & Greek vinaigrette dressing</i>
Buffalo Chicken Wrap 11 <i>W/ sliced chicken tenders, lettuce, tomato & buffalo sauce</i>	

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